

# 2018 Annual Report

We are a not-for-profit volunteer organization in Belmont, Mass. Our mission is promoting good health, access to fresh and local food, nutrition, and local and sustainable farming.

### **Current projects**









#### **Belmont Farmers' Market**

"I love the community aspects of it—seeing people I know, chatting, and having relationships with the vendors.

- A BFM shopper

Six farms – Dick's Market Garden, Farmer Tim's Vegetables, Flats Mentor Farm, Hutchins Farm, Nicewicz Family Farm, and Victory Aquaponics – provided a wide variety of beautiful, local, produce in 2018.

Other vendors offered meat and fish, pasta, baked goods, cheese, honey, maple syrup, prepared foods, and specialty items.



Opening Day Thursday, June 6, 2019 2:00 – 6:30 pm (2:00 – 6:00 after Labor Day) Belmont Center parking lot



People come for the food, and stay for the community atmosphere. A happy shopper told us "Love the story time, it has been such a wonderful thing that my kids adore. Also, face painting was a hit!"

- **Storytime** The Belmont Public Library and Belmont Books read to children at the Market.
- Events Tent Music, magic, art, dance, yoga, restaurant tastings, and more.
- **Community Table** Town departments and community groups come to the Market to share information.
- Local businesses Merchants from the Center and other local businesses come to the Market throughout the season. Our shoppers tell us that they patronize many of the businesses in the Center on Market days.

Contact us at BelmontFarmersMarket@gmail.com or visit BelmontFarmersMarket.org to volunteer

#### **Food Assistance**



We matched \$20 per shopper in 2018. This is less than in prior years because increased need strained our budget.

Our 2018 match was \$6613.



We match coupons for WIC (moms & babies) and Senior Farmers' Market Nutrition Program.

Our total match was \$1976.



We underwrote deliveries of 2678 pounds of produce to the Belmont Food Pantry.



Our vendors donated 7600 pounds of unsold food through the market season.



Board members rescue food for the Belmont Food Pantry.

"Financial help with matching is great.

I was able to eat well
because of your market."

- A SNAP shopper

Visit BelmontFood.org to support our programs with a donation, or to volunteer

# **Community Growing**



Volunteers (individuals and families) learned to grow vegetables at our plot at the Belmont Victory Gardens, and took home what they grew.

This year, we grew garlic, peppers (4 kinds), tomatoes (5 kinds), eggplant (3 kinds), tomatillos, zucchini, lettuce, radishes, cucumbers, cilantro, thyme (2 kinds), mint (3 kinds), chives, oregano, sage, rosemary, and lavender.

Other educational programs included planting activities for children at the Belmont Farmers' Market, and four Scout troop visits to the Garden.

Contact Community.Growing@BelmontFood.org to get involved

# **Belmont Composts!**



40% of household waste can be composted by a professional composting facility.

Curbside composting companies process all food waste (including plant, meat, and dairy products) and most paper products, converting it all into nutrient-dense soil. Diverting compostable material from our waste stream saves our town from spending tax money on trash removal.

See BelmontComposts.org to learn about curbside composting

# We thank our volunteers, donors and grantors for supporting our programs

Volunteers in 2018

Randy Bak	Laurie Graham	Ashley Lang	Vicky Slavin
Francesca Civano	Margaret Graham	Anne Lougée	Teresa Soccio
Roger Colton	Tiffany Hu	Jennifer Marusiak	Anne Stuart
Sara Cummins	Joel Iglesias	Cate McGrail	Joan Teebagy
Sandra Curro	Dee Ippen	Linda Ordway	Heli Tomford
Tom Dorsey	Suzanne Johannet	Mary Ries	Nina White
Cabell Eames	Alexandra Keefe	Paul Santos	Julie Wu
Susie Ertman	Judy Klasson	Ella Shock	Yin Wu
Kim Foster	Nigel Kraus	Hal Shubin	Hongyi Zhang



We are grateful to the Belmont Savings Bank Foundation for supporting our food assistance programs.

We also thank Belmont Books, Belmont Light, Belmont Public Library, Beth El Temple Center, and The First Church in Belmont Universalist for their support.

*Donations*: Some of the funds that support our programs come from grants and sponsors, but we also depend on donations from community members. Over 100 individuals donated to our 2018 annual appeal. We appreciate their generosity.

Visit BelmontFood.org to make a donation, or to get more information.